

**School Hours**  
 Welcoming Bell 8:55 a.m.  
 Classes Begin 9:00 a.m.  
 9:00 a.m. – 11:55 a.m.  
 11:55 a.m. – 12:40 p.m. Lunch  
 12:40 p.m. – 3:30 p.m.

# John Diefenbaker Public School

Principal: Mrs. Jenna Cross  
 Vice-Principal: Mrs. Angela Yeaman  
 Secretaries: Mrs. Sharon McKay, Mrs. Claire Urbaniak






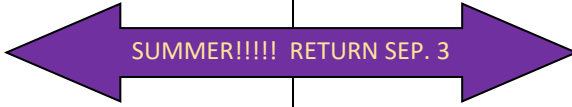
1090 Branion Drive  
 Prince Albert, SK  
 S6V 2S8  
 Phone 306-763-6031  
 Fax 306-922-3878  
<https://jd-srsd119.ca/>



# June 2024



**PLEASE REPORT ALL ABSENCES THROUGH EDSBY: [SRSD119.EDSBY.COM](https://srsd119.edsb.com)**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 <i>Clan Shirt/Clan Color Day</i>	5 <b>BP's Hot Lunch</b> 	6	7 Kindergarten Celebration <b>IT'S PARTY TIME</b> 
10	11 <i>Clan Shirt/Clan Color Day</i>	12 	13	14 Pre-Kindergarten Celebration <b>IT'S PARTY TIME</b> 
17	18 <i>Clan Shirt/Clan Color Day</i>	19	20 Grade 8 Farewell 1:30 	21 Indigenous Peoples Day
24	25 <i>Clan Shirt/Clan Color Day</i> Last Pre-K English & Kindergarten Cree Day	26 <b>Last Day of School</b> Report Cards Go Home	27 	28

Just a reminder that during instructional time, 8:55 am–3:30 pm, we ask that all families and visitors check in at the office. If assistance is required, we will help your student get to their classroom. We want to ensure we are protecting instructional time for teachers during the day. If you need to speak with one of the teachers, consider sending an Edsby message to communicate with teachers or to request a meeting. Thanks for your cooperation in helping our teachers navigate the day to maximize student learning.

## STUDENT PICK-UP/DROP-OFF

For the safety of our staff and students, the **staff parking lot is not a pick-up or drop-off point**. Help us to keep our children safe!

## School News

### ATTENTION ALL UPCOMING 2024-2025 PRE-K AND KINDERGARTEN FAMILIES!

It's never too early! If you have a child or know of someone with a child born in 2020 or 2021 that will be ready for Pre-Kindergarten, or a child born in 2019 that will be ready for English or Cree Kindergarten next fall, please refer to our website to register: [jd.srsd119.ca](http://jd.srsd119.ca)

### Important information about Bussing:

Any students needing the school bus this fall must be registered. It only takes 2 to 3 minutes and is very easy to do. Registrations do not have to be done every year, but a student must be re-registered if their information (such as school, address or contact info) is changing. If you are not sure if you already have registered, please give us a call at the number below or simply register again. Doing so now will ensure your child is placed on the proper bus for the first day of school. Not registering on time could delay having your child assigned a bus several days into the new school year.

Click here <https://www3.srsd119.ca/busgarage/transport/request.php> or type "Sask Rivers School Division" or "SRSD119" in a search engine (we recommend Google). Scrolling down you will find the "Transportation" section with some helpful tools like a bus notification set up and the "School Busing Request Form".

If you have any questions, please contact the Transportation Department at 306 763-2323.



Because our fountains have been converted to bottle filling stations, please ensure you send a water bottle to school with your child. Like utensils, we do not supply cups.

### Lunch Hour

Please provide necessary utensils in your childrens' lunches. We do not distribute utensils. Also, the school has no microwaves to heat up lunches.

### official John Diefenbaker Public School shop!

Customize your own JD merchandise at <https://jdps.entripyshops.com/>. Adult and youth sizes available.



### Allergen Aware: Reduce the Risk

*There are children in our school with severe life-threatening food allergies (anaphylaxis) to nuts and peanuts. This medical condition can result in death within minutes. Although this may or may not affect your child's class directly, we ask that any foods you send to school with your child be free from nut or peanut products. More information about anaphylaxis is available at the school. Please contact us. Thank you for your understanding and cooperation.*

## Community News

Prince Albert Childcare Co-operative Association is pleased to offer before and after school care at John Diefenbaker Public School. We offer screen-free programming with a combination of active and academic play. Breakfast and snacks are included. Full day care is available on non-school days.

We have a variety of rates to best suit your needs:

Full time-----	\$375.00
-includes before school and after school care and all non-school days	
Mornings only-----	\$125.00
After school only-----	\$250.00
Casual rates (Morning)-----	\$10.00
After School-----	\$15.00



Call 306-930-7511 for availability.

### SCHEDULE A COUNSELLING SESSION

→ We're helping people find the right support in times of need through free access to rapid access counselling sessions.

This service is available to children, youth, adults and families in Saskatchewan.

[www.counsellingconnectsask.ca](http://www.counsellingconnectsask.ca)

**Counselling Connect Saskatchewan**  
Approved | FAMILY SERVICE | SASKATCHEWAN

## PAMF PROGRAMS 2024

- LITTLE TYKES - GR. 1-4
- FALL RIVER RIDERS - GR. 6-9
- SPRING 6-A-SIDE- GR. 5-8
- PASS, PUNT AND KICK - AGE 7-14

VISIT OUR WEBSITE FOR MORE INFORMATION

**PRINCE ALBERT BOB**  
BEST OF THE BEST AWARDS - 2024  
WINNER  
paNOW

**PRINCE ALBERT MINOR FOOTBALL**

REGISITER AT [PARIVERRIDERS.COM](http://PARIVERRIDERS.COM)

## Prince Albert BARVEENOK UKRAINIAN DANCERS

TO DANCE IS TO LIVE  
TO LIVE IS TO DANCE

**REGISTRATION FOR 2024-2025 OPEN NOW**  
**CLASSES FOR AGE THREE TO ADULT**  
CLASSES WEDNESDAY NIGHTS 5:30-9:15 AT ST GEORGE'S UKRAINIAN CATHOLIC PARISH HALL AND MARGO FOURNIER ARTS CENTER

**Family Focused Non-Profit**  
We are a family run and family focused non-profit organization. Our families are highly involved in the planning and organization of the club and our executive includes a highly dedicated group of parent volunteers. Community is the heart of who we are.

**High Quality Instruction**  
We have a team of highly qualified, experienced and passionate Ukrainian Dance instructors who create a positive community and skill focused dance instruction environment where dancers strive for excellence while building lifelong relationships.

**Cultural Enrichment**  
We celebrate and nurture Ukrainian-Canadian identity and Ukrainian heritage through the educational and community experience of Ukrainian Dance and Ukrainian cultural celebrations. Dancers of non-Ukrainian descent are more than welcome to come learn and participate in this beautiful art form.

**REGISTER ONLINE [WWW.PABARVEENOK.COM](http://WWW.PABARVEENOK.COM)**

## AUGUST 19- 23 24' UKRAINIAN DANCE & CULTURE CAMP

9-3PM DAILY

OPEN TO ALL CHILDREN 6-18 YEARS OLD

**NO DANCE EXPERIENCE REQUIRED**

**\$250**

SCAN ME

Margo Fournier Arts Center, Prince Albert SK.

**ACTIVITIES**

- Ukrainian Steps & Choreography
- Classical & Character Technique
- Ukrainian Folks Arts & more

Community Initiatives Fund Prince Albert BARVEENOK UKRAINIAN DANCERS



# Why SLEEP MATTERS

## Physical Health:

Sleep is essential for physical growth, immune function, and overall health. Children who consistently lack sleep are more prone to illnesses and may experience delayed growth and development.

## Cognitive Function

Sleep plays a crucial role in cognitive functions such as memory, attention, and decision-making. A well-rested child is better able to concentrate in class, learn new information, and perform well on tests.

## Emotional Regulation

Sufficient sleep helps regulate emotions, reducing irritability, mood swings, and stress. Children who get enough sleep are often more emotionally stable and better equipped to handle the challenges of school and social interactions.

## Academic Performance:

Numerous studies have shown a strong correlation between sleep and academic success. Children who regularly get enough sleep tend to have higher grades, better attendance, and overall academic achievement.

## Safety:

Sleep-deprived children are at a higher risk of accidents and injuries, both at school and during other activities.

## Behavioural Issues

Sleep deprivation can contribute to behavioral problems such as hyperactivity, impulsivity, and difficulty in following instructions. Adequate sleep promotes better behavior and classroom conduct.



## WAYS TO STAY SAFE TRAVELING TO AND FROM SCHOOL

### 1 Recognize Safe Adults

Teach your children to recognize safe adults such as teachers, staff, and other parents to go to if they need help. Remind them not to accept gifts or go anywhere with someone they do not know.

### 2 Walk in a Group

Encourage your child to walk or bike to school with friends or in groups. There is safety in numbers. Consider organizing a walking school bus for younger students.

### 3 Traffic Safety

Remind your child to follow all traffic rules. Use designated crosswalks, obey traffic signals, and never dash out onto the street. Be alert in parking lots and around vehicles. If your child has their license please remind them to put their cell phones away while driving.

### 4 Bullying Prevention

Encourage your child to talk to you or a trusted adult if they feel they are being bullied or witness bullying. Talk to them about the importance of reporting such incidents to school staff as soon as possible when appropriate.

Saskatchewan Rivers  
Public School Division  
Excellence for Every Learner



## Christina's Art School

Follow your child's heart... if they love drawing. Starting June 1, we are taking new student registrations for our year-long art classes which begin in September. Whether they develop their love of drawing and painting into a hobby, or it's their launch into a secondary school and a career, the skills they acquire will be with them for life. The Year-End Art Exhibition at Sandra's Gallery is on until September. Classes include a year-end field trip. For more information and to register, please see [www.christinathoen.com](http://www.christinathoen.com) or phone 306-961-3350. (Christina Thoen, Artist, Certified Teacher, B.Ed, Art Major) and view Christina's Art School on Facebook.



**Prince Albert Historical Museum**

**HISTORY HUNTERS**  
**HALF DAY**  
*summer camp*

Prince Albert Historical Museum, 10 River St. E.

Registration is open!  
The registration link is on our webpage:  
[www.historypa.com](http://www.historypa.com)

For youth 8-12 years old  
Cost: \$50

July 15-19  
9:00 am - 12:00 am

Fun & Creative Outdoor Activities

**ArchaeoCaravan**  
courtesy of  
Saskatchewan Archeology Society

FOR INFORMATION CALL JERI  
306 - 764- 2992

[www.historypa.com](https://www.historypa.com)

**August 6th - 9th**  
(Tuesday - Friday)  
9 am - 12 pm

**Prince Albert Historical Museum**  
10 River St. E.  
For more information call Jeri:  
(306) 764-2992

**Ages 8-12**  
**Camp Fee: \$50**

**CAMP-LOGY**  
**HALF - DAY SUMMER CAMP**

Explore the -Ologies in this hands-on, interactive, science-focused summer camp program. Each session includes activities, related games, journaling and plenty of fun! Each day will cover topics such as Archaeology, Paleontology, Hydrology, Zoology and much more!

**REGISTRATION IS OPEN!**  
**FIND THE LINK ON OUR WEBSITE**  
[www.historypa.com](http://www.historypa.com)

## TD Summer Reading Club

# LAUNCH

**Monday, June 17**  
John M. Cuelenaere Public Library  
125 12 Street East

Come down to the library and take part in our TD Summer Reading Club *StoryWalk* just outside of the library during the week of June 17 to 22! Enjoy the featured story *The Darkest Dark* by Chris Hadfield and Kate Fillion!

When you have finished your *StoryWalk* come inside and sign up for the Summer Reading Club and receive your registration package! Kids will receive an activity booklet, TD Summer Reading Club web access code, agamograph, Recommended Reads pamphlet and stickers! If you can't join us for the *StoryWalk*, plan to register at the library's Circulation Desk any time after June 22.

Complete information about the TD Summer Reading Club, including in-person story times, fun crafts and exciting prizes will be posted on the library website <https://princealbertlibrary.ca/> and Facebook page <https://www.facebook.com/jmcppl.ca>. Plan now to make the TD Summer Reading Club part of your holiday activities!

The goals of the TD Summer Reading Club are to encourage and strengthen the habit of reading for pleasure, to create life-long learners, to increase children's reading skills, and to reduce summer learning loss.

In-Person Story Times!  
Fun Crafts to Make!

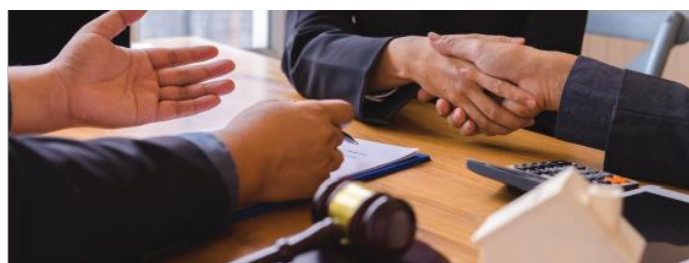


**Weekly Prizes!** Dairy Queen and Tim Hortons gift cards & TD Summer Reading Club merchandise!

### 2 Grand Prize Packages!

Mini trampolines, Hopper Balls, LED Flying Rings, Earth & Moon lights, & Lego Sets!

Register to Win!



## Free Family Law Help in Prince Albert

Do you need help with court forms and legal processes? Are you looking for options beyond the court system? You can get expert free one-on-one legal help with all your family law questions.

No registration required!

### Prince Albert Public Library

John M. Cuelenaere Public Library - 125 12<sup>th</sup> Street East

Wednesday, April 24, 2024: 3:30 p.m. - 5:30 p.m.  
Wednesday, June 19, 2024: 3:30 p.m. - 5:30 p.m.  
Wednesday, August 21, 2024: 3:30 p.m. - 5:30 p.m.

For more information contact:

1-888-218-2822 (ext. 2) | [familylaw@gov.sk.ca](mailto:familylaw@gov.sk.ca)






Saskatchewan

[saskatchewan.ca](http://saskatchewan.ca)



# CRUSADER SUMMER SPORT CAMP

**AUGUST 26 & 27**

-  Volleyball - \$40
-  Basketball - \$40
-  Badminton - \$30

**ALL 3  
SPORTS  
\$80**

**FOR STUDENTS ENTERING  
GRADES 6-9 IN FALL 2024**

**For More Information Contact...**

RMichalchuk@srsd119.ca

JFerguson@srsd119.ca

**CARLTON COMPREHENSIVE PUBLIC HIGH SCHOOL**  
665 28 St E, Prince Albert, SK

Complete the Online  
Registration Form!



## 2024 Carlton Crusader Sport Camp August 26th and 27th



The Carlton Crusaders are pleased to host our annual Crusader Sport Camp this summer! We will offer sessions in Basketball, Badminton, and Volleyball. Athletes will attend two sessions for each sport, and sessions will be organized by grade level to ensure each athlete has the best possible experience! Students who will be in grades 6 – 9 in the 2024-2025 school year are welcome to sign up for one, two, or all three sports. Please see the Sport Camp Itinerary on the back of this letter for specific times.

Crusader Sport Camp Instructors will include current Crusader Coaches and Crusader Alumni. Each athlete will receive a Crusader Sport Camp T-shirt on the first day of camp.

On August 12th you will receive a confirmation email, which will finalize session grouping and times, t-shirt sizing, and other important camp details. Adjustments to camp structure and organization may be necessary depending on the number of registrants in each grade.

Registration will be open 20 minutes prior to the start of each sport session. The sign in table will be located in the CPAC lobby. Athletes attending Camp the entire day are welcome to bring lunch and eat at Carlton. Coaches will be supervising the lobby of CPAC from 11:30am – 12:30pm daily. We encourage each athlete to bring a water bottle with their name clearly labeled on it. We are hoping the weather will be nice so hydration will be extremely important!

To register for this summer's camp, please complete the online form and pay at the Carlton General Office before June 23rd. Any payments after June 23rd will be paid when your child checks in at Registration. Cheques should be made payable to Carlton Comprehensive High School.

### Camp Cost:

**\$40 - Volleyball**  
**\$40 - Basketball**  
**\$30 - Badminton**  
**\$80 for All 3 Sports**

Complete the Online  
Registration Form!



 @pacarltonhs  @PACarlton  Carlton Comprehensive High School Facebook Page

### 2024 Summer Sport Camp Schedule

#### Monday, August 26th

9:00am - 10:30am	Grade 5/6 Badminton CPAC	Grade 7/8 Badminton CPAC
10:30am – 12:30pm	Grade 5/6 Volleyball CPAC	Grade 7/8 Basketball Red Gym
<b>Lunch (12:30pm - 1:15pm)</b>		
1:15pm – 3:15pm	Grade 7/8 Volleyball CPAC	Grade 5/6 Basketball Red Gym

### 2024 Summer Sport Camp Schedule

#### Tuesday, August 27th

9:00am - 10:30am	Grade 5/6 Badminton CPAC	Grade 7/8 Badminton CPAC
10:30am – 12:30pm	Grade 5/6 Volleyball Red Gym	Grade 7/8 Basketball CPAC
<b>Lunch (12:30pm - 1:15pm)</b>		
1:15pm – 3:15pm	Grade 7/8 Volleyball Red Gym	Grade 5/6 Basketball CPAC

Please sign in 20 minutes prior to your first Camp Session to get your T-shirt!

Sign in will occur in the CPAC Lobby.